

## Importance of Bringing Teens & Seniors Together

**Supportive communities are defined by their helping relationships.  
Each of us, regardless of age, depends on others in our lives for care and support.  
The interdependence between individuals is an essential part of family and  
community life. Understanding, cooperation and respect between Generations  
are the ties that hold supportive communities together.**

Through the generous support of Rural Alberta's Development Fund, LINKages Society of Alberta is offering to provide the **Intergenerational Program Management and Skills Training Seminar** in your community.

Intergenerational Programs purposefully bring together people of different generations in ongoing mutually beneficial planned activities. Through intergenerational programs young and old share their talents and resources, supporting one another in relationships that benefit both the individuals and the community.

Interested individuals can apply to attend the training seminar and will receive an extensive resource guide, which will equip them with the education and tools to start-up and manage a local Intergenerational Program. Trained facilitators from LINKages Society of Alberta will train and provide ongoing support while programs are being developed within the community.

Do you have an interest in both teens and seniors and could see yourself developing an Intergenerational Program with existing community support?

Do you have a job or source of funding that would naturally expand to include an Intergenerational Program?

Independent individuals or those from organizations such as schools, churches, FCSS, care centers, lodges, seniors, youth or service clubs are encouraged to apply to receive this training.

For more information, please contact

Colleen Davies  
LINKages Society of Alberta  
Bldg. B-1, Suite 13, 2451 Dieppe Ave. SW  
Calgary, AB T3E 7K1  
403-249-0853 Fax. 403-685-1331  
Colleen.davies@link-ages.ca