

Junior High Testimonials



I like to volunteer and I think this program would be fun and interesting- I also like working with older people... Also, this will give me the volunteer hours I need for leadership and it will help me learn about the places the seniors come from.

- Grade 8 student

I hope to gain experience, meet new people, gain some new skills, learn new things, help out, make the seniors feel loved, get some help on leadership hours, but most of all – have fun!

- Grade 9 student

I would like to put a smile on seniors' faces by participating in this program. Also, I want to feel like I'm making a difference in the seniors' lives and I hope to learn from the experiences of the seniors living in the care centre.

- Grade 8 student

I like helping out the seniors and making their life better and brighter. I think I should help the seniors as much as possible since they don't have many people to visit them.

- Grade 9 student

I love meeting new people and, last year, I was in the program and I loved it – it was so much fun and I loved being able to make a difference in someone's life.

- Grade 9 student

I think it is awesome to go and visit seniors who may not have family who visit and I love hearing what seniors have to say about things.

- Grade 8 student

I feel there is a high demand for volunteers and I love volunteering and helping out in the community. I think this is a great opportunity offered through my school.

- Grade 8 student

I was involved in the LINKages Program last year and I loved it! I enjoyed spending time with my senior – and I still contact her today.

- Grade 9 student

There is so much for young people to learn from seniors. In return, young people help the seniors by being an ear for listening and a smile to brighten their day. I feel this is very important and I want to help make a senior's day a little bit better.

- Grade 9 student

I feel the LINKages Program is an extremely fulfilling and rewarding opportunity to give back to society in a positive way.

- Grade 9 student

I find it very valuable to interact with seniors. They share their wealth of knowledge and years of experience with you. I find it very rewarding to spend some quality time with someone who needs a friend.

- Grade 9 student

I absolutely enjoyed the program last year. It was a lot of fun and I learned a lot from my senior. It was very rewarding seeing that I made such a positive impact on my senior's life. It made me realize that I can make a difference.

- Grade 9 student

I like having the chance to meet senior citizens. My Grandfather lives in Poland and I did not have a chance to spend a lot of time with him – meeting with seniors is an awesome experience.

- Grade 8 student

I am from a different country, so I'm far away from my grandparents and I haven't had that kind of relationship with a senior - I would like that opportunity.

- Grade 8 student

I love to volunteer! My visits with my Grandma helps me know that seniors enjoy company and someone to chat with – I love the opportunity to make friends with seniors – I can show them new things, and I can also learn new things from them.

- Grade 9 student

I feel that some of the seniors are really lonely in the seniors' homes and having people to visit them will make a huge difference in their lives. I want to give back by making them feel loved – so they know they have a special place in this world.

- Grade 9 student

I think some seniors might be lonely and need someone to talk to – and I want to work on my conversation skills.

- Grade 8 student

I enjoy spending time with seniors - it was a very rewarding experience last year.

- Grade 8 student

This is a good thing to do. I have learned a lot from this program, like what it was like a long time ago and I can actually hear about some of the things we are taught in social studies.

- Grade 8 student

It's a lot of fun to go visit the seniors – I hope to make their lives a little brighter.

- Grade 9 student

I was in this program last year and I really enjoyed it. I love helping people out and it makes me happy to see the seniors have fun - and I always have fun.

- Grade 9 student

My Grandpa is 77 and he still rides his bike to school with me when he is here – as a volunteer, I get closer to seniors and I gain a higher appreciation for them.

- Grade 8 student

My grandparents are in Newfoundland and I don't get to see them very much, but I love having older people around. This program helps me get through some of the personal challenges that I am going through. I also get to learn about the past – and make a friend who does not judge me.

- Grade 9 student

I love to make people smile and laugh and my volunteer experience was just that. I was partnered with an amazing senior last year – very caring and I would like to see her again. I loved hearing her stories and I loved to make her laugh.

- Grade 9 student

I know how much it means to have people visit – and spend time with seniors. I used to visit my Grandpa (who died recently) and I know he enjoyed our visits!

- Grade 9 student

I believe in giving back to the community and I really like helping out. I would love to be involved in the LINKages Program again – I absolutely loved it.

- Grade 9 student

This program is a great experience – it is very gratifying to be that important in someone's life.

- Grade 9 student

This was a fun program last year and I had a great time meeting with my senior – we talked, played games and did a few crafts together.

- Grade 9 student

I want to be able to help others that need company. I enjoy talking and learning about how the seniors lived their lives.

- Grade 8 student

I think this will help the community a lot. I also welcome the chance to build a relationship with a senior – I hope to help them in the best way I know how.

- Grade 9 student

think volunteering in this program will be fun. I also think the program will be a positive experience that will give me skills that I can use in the future.

- Grade 8 student

I want to visit, have fun and reach out to the elderly, so they will also have fun.

- Grade 9 student

I want to gain some volunteer experience, gain some social skills with seniors, and I want to make a difference in someone's life.

- Grade 8 student

I've never had a friendship with a senior. Last year, we had a great time with our senior - it was a life changing experience – to see how lonely the seniors can get.

- Grade 9 student

I feel that the seniors of today are not always fully recognized - this is ridiculous to me, as seniors have so much knowledge and they are such a joy to be around. I feel that every moment you are with them is special.

- Grade 9 student

I think that – even though we come from different generations – we can learn from each other and have fun. Even though situations have changed, we're still just people and we feel the same things. I instantly clicked with my senior!

- Grade 7 student

I want to become a better person by learning from the seniors and I also hope to add this volunteer experience to my resume.

- Grade 9 student

This is my third year with LINKages – I know from experience that this is a great way to building relationships with an older generation. It is tons of fun!

- Grade 8 student

I only have one grandparent left in my life and she lives in Nova Scotia. I would like to spend some time with seniors, where we can learn and share experiences.

- Grade 7 student

Overall, LINKages has been an experience that I want to continue this year. I wish to share my joy and interests with a senior to help them live life to its fullest. The main reason I want to join LINKages this year is because I want to help someone have fun during these special visits - this is a program I want to be a part of.

- Grade 8 student

I've learned to be patient, supportive, caring and accepting... All-in-all, I learned so much with my senior – I am so thankful that I had the opportunity to spend time and learn from her.

- Grade 9 student

This was a very wonderful and touching experience and I really hope that I'll be able to participate in the LINKages program next year.

- Grade 9 student

I have always had a great relationship with my grandparents. I feel this is a great way to make a new friend and to get some volunteer experience.

- Grade 8 student

I enjoy elderly people and I love listening to their stories and their past. I think this is a great experience and I enjoy meeting new people. I think this is a great program for lonely seniors. The seniors are so welcoming and friendly!

- Grade 8 student

I really enjoy visiting the seniors. I want to make a difference by brightening up their day, so they have someone to talk to when they're feeling lonely. I want to have fun and learn from this experience!

- Grade 8 student

I believe our society places enough value on our elderly. I would like to participate in a program that honours and provides enjoyment for seniors.

- Grade 9 student