



## **Intergenerational (IG) Outreach Visitor**

### **About LINKages:**

LINKages Society of Alberta is a Calgary-based nonprofit organization that provides innovative programs and services to support reciprocal learning and friendship development between youth and seniors. Our expertise with intergenerational (IG) programs and practice has supported our success in bringing together generations for over 28 years.

LINKages' Vision is a strong and vibrant community where youth and seniors thrive. Our Mission is to facilitate innovative intergenerational programs and services that encourage reciprocal learning and involvement, transfer of knowledge, and capitalize on the strengths of youth and seniors to foster strong Alberta communities. For more information please visit [www.link-ages.ca](http://www.link-ages.ca).

### **The Position:**

The new IG Outreach pilot program provides one-on-one support to older adults who are living independently and need a little support and socialization to help keep them socially active and improve their quality of life. IG Outreach Visitors regularly visit older adults in their homes and provide companionship, emotional and social support, and light task help to older adults so they can continue to live independently in their own homes and communities. As an IG Outreach Visitor, you will meet with an older adult who has expressed interest in having a friendly visitor in their home, typically once a week for 1-2 hours. During the visits, Outreach Visitors and older adults will participate in activities of their choosing together based on the interests and goals of the older adult. Activities may include:

- Friendly conversation
- Having tea or coffee
- Reading, writing letters
- Activities such as walks, crafts, puzzles, board and card games, etc.
- Filling out a "Story of My Life... So Far!" journal (if the older adult would like to)

Outreach Visitors may also offer support with light household tasks (max 30 minutes/visit), but the primary focus on the visits is on social support and companionship. Light household task support may include:

- Creating shopping lists
- Unpacking groceries
- Watering plants
- Taking out the trash
- Light vacuuming

IG Outreach Visitors offer older adult clients support but do not provide hands-on care or support with any activities of daily living (i.e., medical care, personal hygiene, physical mobility).



**Key Responsibilities:**

- Provide companionship and social support to older adults through ongoing weekly visits in an older adult's home throughout pilot (September-December 2023)
- Attend initial training day (to be scheduled in mid-late August)
- Participate in monthly check-in/learning meetings with the Outreach Visitor team
- Ongoing communication with Program Coordinator about visits, including the completion of weekly visit & wellness summaries
- Provide feedback and suggestions for ways to improve the pilot program

**Requirements:**

- 18 to 25 years of age
- Willingness and ability to commit to regularly scheduled outreach visits (1.5-2 hours in length) with an older adult
- Willingness and ability to travel to older adult's home
- Criminal Record and Vulnerable Sector check required

**Skills & Qualifications:**

- Interest in working with older adults
- Reliable and dependable with ability to work independently with older adults in the community
- Sensitive to the needs and desires of older adults
- Excellent listening and communication skills
- Have a friendly nature and ability to demonstrate an open and non-judgmental attitude
- Flexible, sensitive to the needs of others, and able to respond to emergencies

**What you will receive:**

- Flexible work schedule and decent part-time income
- Training and ongoing support
- Employment skills, confidence, and experience working with older adults
- Increased knowledge about the aging process
- New intergenerational connections
- Opportunity to make a difference in someone else's life

**Application Process:**

To apply, please fill out the application form and submit it with a copy of your resume. The application form can be completed online here: <https://forms.gle/jDHG6jQi4cvFFJ6J7>

**If you have any questions, please contact:**

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